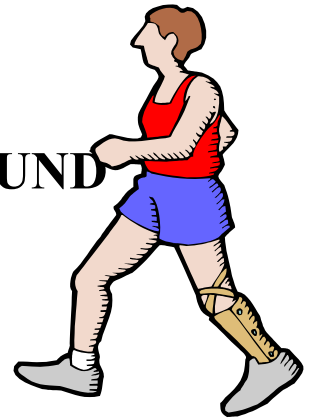


WALKING CLUB

AT THE NORWICH COMMUNITY CENTRE

KEEP MOVING ALL YEAR ROUND

THE FIRST WALK BEGINS
Monday, January 26, 2009
WALK Monday to Friday
9:00AM – 12:00 Noon



**WHEN THE WEATHER IS NICE WE WILL BE OUTSIDE
ENJOYING THE FRESH AIR AND WHEN THE WEATHER IS NOT
SO NICE WE WILL BE INSIDE THE COMMUNITY CENTRE**

***BRING A GOOD PAIR OF SHOES
& A FRIEND!**

Annual membership fee: \$5.00 + \$.25 GST = \$5.25
Contact: 519-863-3733 to register

HOPE TO SEE YOU ON THE MOVE!